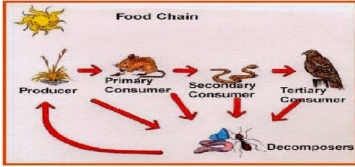


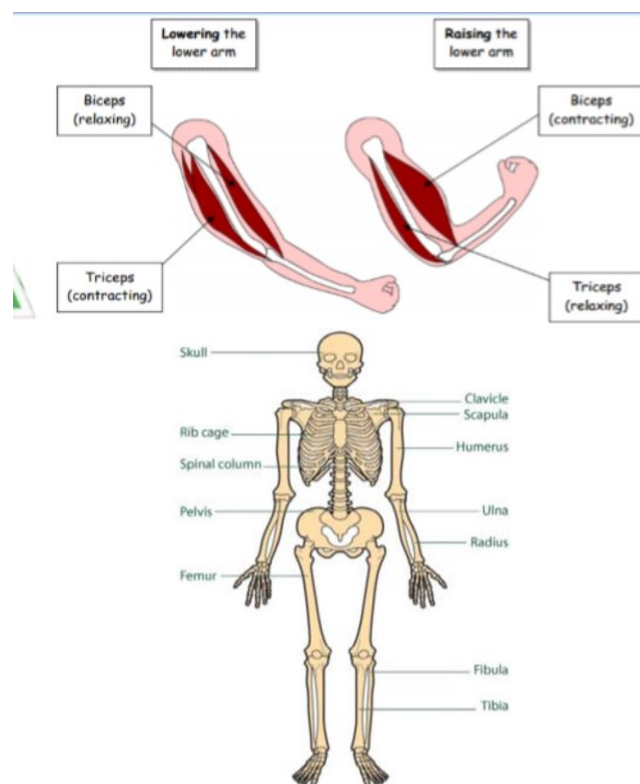


Science focus	Animals including Humans	Year 3	Spring Term 2
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What? (Key Knowledge)	
Animals and Humans	
Living things	Living things need food to grow and to be strong and healthy.
Plants	Plants can make their own food, but animals cannot. Some plants can be eaten by animals and humans
Humans	To stay healthy, humans need to exercise, eat a healthy diet and be hygienic.
Animals	Animals, including humans, need food, water and air to stay alive.
Food chains and food webs	The food chain and the food web, both represent the flow of food and energy from producers to the consumer 
Skeletons	Skeletons do three important jobs: <ul style="list-style-type: none"> <li>• protect organs inside the body;</li> <li>• allow movement;</li> <li>• support the body and stop it from falling on the floor.</li> </ul>
Foods	Food contains a range of different nutrients that are needed by the body to stay healthy - carbohydrates including sugars, protein, vitamins, minerals, fibre, fat, sugars, water. A piece of food will often provide a range of nutrients

What? (Key Vocabulary)	
Skeleton	Bones surrounding our important organs
Nutrition	Food necessary for health and growth
Healthy	In good physical condition
Energy	The property that gives us strength
Muscle	A soft tissues in the body that contracts and relaxes to cause movement of the skeleton

## Diagrams and Symbols



## Possible experiences

- Cooking linked to nutrition
- Animal visit
- CPR training
- Night cams in Nature's Nook